

Training and Visit Programme: Introduction to Mental Health Management in the UK



Maudsley
Learning



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Comprehensive Training and Visit Programme on UK Mental Health Care

South London and Maudsley NHS Trust (SLaM) and Maudsley Learning are delighted to present a detailed visit and training programme, offering valuable insights into the UK mental health system with a focus on effective management practices and innovative approaches. Participants will have the chance to engage directly with experts in the field, gaining practical knowledge that can be applied within their own organisations. This programme is designed to foster a deeper understanding of the complexities of mental health care delivery, equipping attendees with the skills needed to enhance services in their respective settings. Through interactive sessions, discussions, and practical activities, participants will explore the latest advancements in mental health care, ensuring they leave with a comprehensive understanding of best practices and strategies for implementation.

Programme Aims

01

Understanding the UK Healthcare System:

Gain a foundational understanding of how the UK healthcare system operates, with a specific emphasis on mental health services.

02

Exploring NHS Structure and Management:

Learn about the general structure and management of hospitals within the NHS, with a particular focus on SLaM and its operational practices.

03

Patient Pathway Insights :

Understand the patient pathway within mental health services and how these services are managed to deliver effective care.

04

Innovations in Mental Health:

Explore the future of mental health care, including strategies employed by SLaM and Maudsley Learning in digital mental health innovations.

05

Showcasing Cutting-Edge Technologies:

Discover innovative practices such as virtual reality (VR), digital learning tools, and virtual delivery methods that are shaping mental health care.

06

Training for Community Providers:

Address how Maudsley Learning accommodates the training needs of community schools and primary care providers to enhance mental health support.

07

Site Visits for Practical Learning:

Participate in site visits to observe and understand the practical applications of the concepts and practices discussed throughout the programme.





Pricing SHORT VISIT PROGRAMME

NUMBER OF PARTICIPANTS PER PROGRAMME	PRICE PER PARTICIPANT FOR A 4-DAY VISIT
0-10	£2,800
11-15	£2,550
16-20	£2,000
21-30	£1,700
More than 30	£1,350

Please note: A minimum of 10 participants, or an equivalent total of £28,000, is required for the Short Visit Programme.

Please note, the speaker list on the next page outlines the speakers for the event organised in October 2024. This is for guidance purposes only, and speakers may change depending on their availability and the topics required for the event.



Speakers



Dr Sean Cross

Director of Maudsley Enterprise

Sean is a consultant liaison psychiatrist in SLaM and works clinically at King's College Hospital. He is Clinical Director for King's Health Partners' Mind and Body programme to improve mental and physical healthcare integration. He founded the national award-winning Maudsley Simulation with James Pathan and is now the Managing Director of Maudsley Learning. He is passionate about delivering high-quality education and training to improve the care and experience of service users. He is a past winner of the RCPsych's Trainer of the Year award and is proud to be leading the Maudsley Learning team.



Anita Bignell

Simulation Nurse Tutor, Maudsley Learning

Anita Bignell, awarded Mental Health Nurse of the Year 2022 by the British Journal of Nursing, is the Lead Simulation Nurse Tutor at Maudsley Learning. She delivers innovative, evidence-based simulation training, frequently presenting nationally and internationally. With extensive experience in both inpatient and community settings, Anita focuses on improving mental health care access for minority groups and reducing restrictive practices. She actively engages with the Patient Carer and Race Equality Framework (PCREF) and advocates for women's rights as a member of the SLaM Women's Network, fostering a psychologically safe environment for discussing vital human factors in healthcare.



Sarah James

Director of Learning and Development, SLaM

With over 30 years of experience in the NHS, Sarah is currently the Director of Learning and Development for SLaM. She leads a team of approximately 30 people who provide a wide range of courses tailored to the needs of the service, alongside a library service, continuing professional development, career pathways and development, apprenticeships, and various widening participation activities. Her passion for developing knowledge, skills, and careers has enabled her to mentor numerous staff members who have gone on to achieve senior positions within the NHS. Sarah exemplifies values-based compassionate leadership.

Previously, she worked for a management consultancy, local government, and Selfridges department store. Additionally, Sarah serves as a Non-Executive Director for a charity called 'Hand Of', which supports disadvantaged children.

Speakers



Sue Smith

Chief People Officer, SLaM

Sue joined the Trust in November 2022, following a role as Chief People Officer for both Chelsea & Westminster Hospital NHS Foundation Trust and the Hillingdon Hospitals NHS Foundation Trust.

Sue has extensive NHS and system working experience, with a particular interest in employee relations and engagement, inclusion, organisational design and development, resourcing and talent management. She holds an MSc in Strategic Management from Bristol University and is a Chartered Member of the Chartered Institute of Personnel and Development.



Helen Welsh

Media & VR Producer, Maudsley Learning

Helen joined the Maudsley Learning team in 2021, bringing over 10 years of experience in film and TV content creation for international and UK broadcasters and production companies. She previously worked in mental health and general nursing, which allows her to uniquely combine these skills to create realistic and engaging healthcare materials. Alongside the media production managers, she works to create high-quality videos and graphics, while also producing 360-degree video for virtual reality that is informative and immersive for participants.



Gareth Evans

Head of media production, Maudsley Learning

Gareth is the cornerstone of our Simulation Centre team, having been a dedicated member of Maudsley Learning since 2014. His expertise lies in his role as an accomplished simulation technician, where he thrives in the realm of all things tech-related. Gareth's passion for tinkering with wires, microphones, and cameras stems from his unwavering commitment to delivering top-notch audio and visual solutions that enhance the learning experience.

Having commenced his journey as a Simulation Technician, Gareth's commendable work ethic and proficiency have propelled him to take on additional roles within the Simulation Centre, allowing him to lead innovative projects and initiatives. His ability to adapt to evolving technologies and his keen eye for detail ensure that all media produced is of the highest quality.

Speakers



Dr. Marta Di Forti

Clinical Reader in Psychosis Research,
MRC Senior Research Fellow

Dr. Marta Di Forti, MD, MRCPsych, PhD, is a Clinical Reader in Psychosis Research and an MRC Senior Research Fellow at the Institute of Psychiatry. As an Honorary Consultant Adult Psychiatrist with the Lambeth Community team at South London and Maudsley NHS Foundation Trust, she specialises in treating young individuals experiencing their first episode of psychotic disorders. Dr. Di Forti established the UK's first Cannabis Clinic for Patients with Psychosis in June 2019, focusing on the critical link between cannabis use and psychosis. Recently awarded an MRC Senior Clinical Fellowship, her research examines the heightened risk of psychosis associated with high-potency cannabis and seeks to identify individuals most vulnerable to its effects.



Dr Mario F Juruena

Senior Clinical Lecturer & Reader in Translational
Psychiatry, King's College London

Dr. Mario Juruena graduated in Medicine from Pontifical Catholic University in Southern Brazil and completed his Psychiatry training at the Porto Alegre Mental Health School. He holds an MPhil from the Federal University of São Paulo and an MSc in Affective Neuroscience from Maastricht University. Currently, he is a Senior Clinical Lecturer at the Institute of Psychiatry, Psychology and Neuroscience at King's College London, as well as a Consultant Psychiatrist at South London and Maudsley Trust, where he leads the Maudsley Advanced Treatment Clinic for Recurrent and Resistant Depression and Bipolar Disorder. Dr. Juruena has published over 100 research articles and has received numerous awards for his contributions to the field, including the Senior Clinical Psychopharmacology Award and the Robert W. Kerwin Psychopharmacology Prize.



Kate Lilywhite

Director of Strategy and Transformation, SLaM

Kate joined the South London and Maudsley NHS Trust as Chief of Staff in 2020 and became Director of Strategy and Transformation in 2022. She is responsible for strategy development and transformation, collaborating closely with the Board of Directors, as well as managing strategic partnerships and service equalities.

Before joining the Trust, Kate was Programme Director for the King's Health Partners Mind and Body Programme and the Institute of Diabetes, Endocrinology and Obesity. She moved to the NHS from the Civil Service, where she held national roles in Provider Efficiency and Policy, Public Health, and on the 2012 Health and Social Care Act. Additionally, she served as Private Secretary to the Secretary of State for Health, focusing on social care and dementia. Kate completed her MBA at Henley in 2023.

Speakers



Sarah Holloway

Programme Director for King's Maudsley Partnership

Sarah Holloway leads the King's Maudsley Partnership, a collaboration between South London and Maudsley NHS Foundation Trust and King's College London, aimed at transforming mental health services for children and young people. She focuses on co-creating strategies and maximising the initiative's impact through organisational development. Prior to this, Sarah served as Head of Mental Health for Adults at NHS England and worked in health policy at the Cabinet Office and Department of Health and Social Care. She also has experience in the voluntary sector, leading research at the charity Mind and serving as Chair of the Disability Law Service.



Dr. Jacqueline Phillips-Owen

School Mental Health Innovation Programme Lead

Dr. Jacqueline Phillips-Owen is a Consultant Child and Adolescent Psychiatrist at South London and Maudsley NHS Foundation Trust and King's College London. Her work centres on adolescent mental health, particularly anxiety, depression, and ADHD. As the lead for the School Mental Health Innovation Programme, she focuses on enhancing mental health support in educational settings. Additionally, she heads the Maudsley Education Consultation Service and serves as the Editor of MindEd, creating e-learning resources on mental health for professionals and parents. Dr. Phillips-Owen is also President-Elect of the Psychiatry section of the Royal Society of Medicine.



Dr. Rhian Parham

Principal Clinical Psychologist - DISCOVER team

Dr. Rhian Parham joined the DISCOVER team in July 2019, where she organises the delivery and evaluation of mental health programmes in schools. She is developing resources to support sixth form teachers in delivering mental health content and has expertise in providing psychological interventions and supervision. Rhian has a special focus on supporting young people with autism and those with complex emotional difficulties. Before joining DISCOVER, she worked in Dialectical Behaviour Therapy (DBT) CAMHS and the Service for Complex Autism. Rhian completed her Doctorate in Clinical Psychology at Salomons, Canterbury Christ Church University.

Speakers



Lidia Pozhidaeva

Senior Business Planning Manager for CAMHS

Lidia Pozhidaeva is the Senior Business Planning Manager for Child and Adolescent Mental Health Services (CAMHS), leading service improvement projects to ensure sustainable outcomes. She collaborates with finance and performance teams, using data to inform strategic decisions and developing the annual CAMHS business plan. Previously, Lidia was a Project Manager at Hertfordshire Community Trust, focusing on pathways for Autism Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD). She holds degrees from King's College London and Imperial College London and has published research on the structural mechanics of the human heart.



Dr. Siobhan Gee

Consultant Pharmacist, Deputy Director of Pharmacy
South London and Maudsley NHS Foundation Trust

Dr. Siobhan Gee is the Deputy Director of Pharmacy and Consultant Pharmacist for liaison psychiatry at South London and Maudsley NHS Foundation Trust. She holds a first-class MPharm from Cardiff University and a postgraduate diploma in pharmacy practice from the University of London, along with a PhD in psychopharmacology from King's College London, where she researched clozapine use in treatment-resistant schizophrenia. Dr. Gee has extensive experience in clinical pharmacy across South East London, focusing on psychiatric medications for individuals with physical comorbidities. In 2023, she became Clinical Director of the Mind and Body Programme at King's Health Partners, aimed at reducing health inequalities. She also serves as an honorary senior lecturer at King's College London and is one of the first pharmacists accredited as a consultant by the Royal Pharmaceutical Society. An internationally recognised authority, Dr. Gee contributes to the Maudsley Prescribing Guidelines and has an upcoming book, *The Maudsley Prescribing Guidelines for Mental Health Conditions in Physical Illness*, set for release in Autumn 2024.



Dr. Sin Fai Lam

Consultant Liaison Psychiatrist

Dr. Sin Fai Lam is a consultant liaison psychiatrist at King's College Hospital. He completed his training in old age and general adult liaison psychiatry through the Charing Cross and Maudsley training schemes. Dr. Sin Fai Lam serves as an education and clinical supervisor for medical students and junior psychiatrists and is a recognised trainer by the General Medical Council. He is also an Honorary Senior Clinical Lecturer at the Institute of Psychiatry, Psychology and Neuroscience at King's College London. His work includes publications and presentations in the fields of psychosis, education, and burnout.

Speakers



Dr. Christoph Mueller

Senior Clinical Lecturer, Consultant Old Age Psychiatrist

Christoph is a Senior Clinical Lecturer at the Institute of Psychiatry, Psychology and Neuroscience at King's College London and a Consultant Old Age Psychiatrist at South London and Maudsley NHS Foundation Trust. His research focuses on dementia care epidemiology, utilising large datasets of anonymised electronic health records.



Professor Fiona Gaughran

Director of Research and Development, SLaM

Fiona Gaughran is a Professor of Physical Health and Clinical Therapeutics in Psychiatry at the Institute of Psychiatry, Psychology & Neuroscience. She is also the Director of Research and Development at the South London and Maudsley NHS Foundation Trust in London, where she serves as the Lead Consultant for the National Psychosis Service. In her clinical role, Professor Gaughran is responsible for implementing new, evidence-based approaches to assist individuals with psychotic illnesses that have not responded well to treatment. She has a strong interest in the physical health of people with psychosis and has published extensively in this field.



Dr. Robert Harland

General Adult Psychiatrist, SLaM

Robert Harland is a General Adult Psychiatrist at South London and Maudsley NHS Foundation Trust, having trained at the Maudsley since 2002. He has been a consultant in community and inpatient services since 2008 and currently works with the Southwark Home Treatment Team and King's Rheumatology Liaison. Robert has held leadership roles, including Clinical Director of the Psychosis Clinical Academic Group and Clinical Director for Lambeth Adult Mental Health. He is the Trust's Caldicott Guardian and Chair of the SLaM Digital Board. Additionally, he is a member of the British Psychoanalytical Society and a Trustee of the Maudsley Philosophy Group Charitable Trust.



Jose Mascarenhas

Head of Sales, Maudsley Learning

Jose leads the Sales department at Maudsley Learning and is a key point of contact, particularly for our organisational clients. With years of experience working across various sectors, Jose specialises in ensuring that our services and products are tailored to meet client specifications. He is always happy to discuss a range of topics to help ensure clients' needs are met with the highest standards of service.

Speakers



Dr. Greg Shields

Consultant Liaison Psychiatrist,
Head of Product Development and Strategy at ML

A consultant liaison psychiatrist focused on cancer and palliative care, currently with the cancer psychological care team at King's College Hospital London. Since joining Maudsley Learning in 2018, he has expanded the course portfolio and contributed to quality assurance and curriculum development. Previously, he developed the first online Graduate Diploma of International Psychiatry for the World Psychiatric Association. He is dedicated to curriculum development and online education in psychiatry.

Dr. David Codling

Consultant in Liaison Psychiatry,
Clinical Lead in Clinical Informatics Service

David graduated with an MBBS from the University of Newcastle and completed his psychiatry training at South London and Maudsley NHS Foundation Trust. He earned an MSc in Health Informatics from UCL in 2021. Currently, he works as a consultant in Liaison Psychiatry at Lewisham Hospital. As clinical lead in the Clinical Informatics Service, he ensures that accurate data is presented to clinicians to support high-quality clinical and service-level decisions.

Dr. Kate Polling

Consultant Liaison Psychiatrist, Adjunct Senior Lecturer,
Clinical Lead in Clinical Informatics Service

Kate trained in medicine at UCL and in Epidemiology at the London School of Hygiene and Tropical Medicine. She joined SLaM and KCL in 2009 as an NIHR Academic Clinical Fellow and completed a PhD with Professor Stephani Hatch in the Health Inequalities Research Group. Now an Adjunct Senior Lecturer in the Department of Psychological Medicine, her research employs mixed methods, including clinical data from CRIS, to explore inequalities in self-harm and emergency department presentations in London. Clinically, she works as a consultant liaison psychiatrist at SLaM. As clinical lead in the Clinical Informatics Service, she collaborates with clinicians and service planners to ensure that their work meets clinical needs and that the information provided is meaningful and accessible. She has a particular interest in using data to reduce health inequalities.

Dr. Nicola Funnel

Clinical Director, Consultant Old Age Psychiatrist SLaM

Dr. Nicola Funnel is the Clinical Director and a Consultant Old Age Psychiatrist at South London and Maudsley NHS Foundation Trust.

ABOUT

South London and Maudsley NHS Foundation Trust

South London and Maudsley NHS Foundation Trust (SLaM) is the largest provider of NHS mental health services in the UK, dedicated to improving health and wellbeing locally, nationally, and globally. Serving a local population of 1.3 million in South London, we offer specialist services for both children and adults.

Each year, we care for over 5,000 inpatients and treat more than 40,000 patients in the community across Lambeth, Southwark, Lewisham, and Croydon.

Excellence in Treatment, Research, and Training

Our unique approach is based on three foundational pillars:

- **Care and Treatment:** Delivering the highest level of care to service users.
- **Science and Research:** Exploring innovative and effective treatments.
- **Training:** Equipping our staff with the latest knowledge and skills.

With over 240 services, we are committed to promoting mental health and wellbeing, employing a recovery model that empowers individuals to reach their full potential.

Our Hospitals



Bethlem Royal Hospital,
Monks Orchard Road,
Beckenham, London,
BR3 3BX, United Kingdom



Maudsley Hospital
Denmark Hill
London, SE5 8AZ
United Kingdom



Lewisham Hospital
Ladywell Unit
Lewisham High Street
London, SE13 6LW
United Kingdom



Lambeth Hospital
108 Landor Road
London, SW9 9NT
United Kingdom



**South London
and Maudsley**
NHS Foundation Trust

ABOUT

Maudsley Learning



Maudsley Learning, as a core part of the South London & Maudsley NHS Foundation Trust, is an award-winning learning and development group specialising in mental health. Our vision is to enhance mental health and wellbeing for all through education and training. We are a unique entity - a core NHS provider with exceptional mental health subject matter expertise, a history of quality and innovation, and the ability to deliver large-scale national projects.

We design and deliver courses that meet the continuing professional development needs of professionals and teams in the healthcare workforce, as well as colleagues in social services, policing, and schools. We tailor evidence-based approaches to specific learner needs, providing innovative and engaging learning experiences that empower individuals to work towards better mental health.

We have an excellent track record of success in delivering commissioned training nationally, regionally, and locally, offering masterclasses, simulations, conferences, and virtual reality training through a variety of mediums, including face-to-face, live online, blended, and self-directed online training. Our high-fidelity simulation team developed the world's first protocol for delivering simulation teaching in a virtual environment and routinely conducts actor-facilitated small-group sessions for enhanced clinical learning. This work was recently published in two peer-reviewed articles (O'Sullivan et al., 2020a; O'Sullivan et al., 2020b).



To enhance mental health and wellbeing through education globally.



To produce and deliver the highest quality mental health and wellbeing education and training products.

"A safe space for real-life scenarios, in a non-judgemental setting. Constructive criticism from other participants really helps with improving the way you work, as I am always trying to find better ways of dealing/working within our team. I found the debriefing really important."

CLERICAL AND SUPPORT STAFF

"Really enjoyed the courses undertaken with Maudsley Learning as these will be practiced within my role. The presenters of the courses were very knowledgeable and made the courses enjoyable to learn."

MENTAL HEALTH NURSE (RMN)

"It was extremely helpful boosting confidence and knowledge in emergency situations."

EMERGENCY DEPARTMENT STAFF

Organisations within Maudsley Learning's growing portfolio



What Maudsley Learning does and has done



Simulation training

Maudsley Simulation was the UK's first dedicated mental health simulation training centre focussing on high fidelity experiential learning. We've worked with organisations to provide courses in a range of settings, both clinical and non-clinical. Our training is ideal for people completing a professional qualification, or those simply looking to learn more about mental health as part of their CPD. Organisations can also take part in simulation training to up-skill their teams. We have dozens of courses and some of our more popular include: Eating disorders course for children, young people & adults; Perinatal mental health simulation; and Skills for health conversations.



Face-to-face

ML provides a range of face-to-face learning experiences including multi-professional education events, in-house staff training, and profession-specific masterclass type courses. Our teachers are subject experts and experienced educators drawn from SLaM and/or the IoPPN. Our face-to-face events provide cutting edge training on the latest research and clinical findings across mental health from leaders in the field. Courses cover a range of clinical and on-clinical topics and are suitable for a broad range of staff working in mental health and non-mental health settings.



Digital and Blended Courses

ML provides professional consultancy services on instructional design, development and delivery to produce the highest quality digital learning and blended (mixed online/face-to-face) courses. We can develop courses that are bespoke to local requirements as well as contextualise digital content for a broad range of staff learning needs. Some of our popular course deliveries include Liaison Psychiatry School; Approaching Complex Capacity Assessments; Neuropsychiatry in a Day and the Approved Clinician Introductory and Refresher Courses.



e-Learning

As technology continues to advance and more people seek accessible and affordable ways to learn, ML aims to provide both clinical and non-clinical professionals with courses and educational materials that can be accessed from anywhere, at any time, using a variety of devices. A few of our popular self-directed eLearning courses include: Mental Health Awareness in the General Hospital; and Introduction to the Mental Capacity Act and Mental Health Act for Non-Mental Health Clinicians:



Workforce Development

We collaborate as a multi-disciplinary team of healthcare professionals, psychologists, researchers, educationalists, project managers and digital technology experts to meet the needs of the people we serve. We tailor evidence-based approaches to the specific needs of staff and organisations to provide innovative and engaging programmes that engage and develop workforces. Our programmes include educational development and consultancy; staff wellbeing; and strategic partnership working.



Virtual Reality

ML has developed a programme of innovation around VR with a variety of grant and research work understanding that this will be crucial to future workforce training. We use ultra-high-definition, immersive, 360-degree videos to provide learners with a convenient way to access our informative content anywhere, any time. One recent project involves the rolling out of the VR Champions programme pilot to national NHS trusts. Phase 1 of the rollout successfully delivered race inequality training to South London and Maudsley staff (148 staff with 6 champions) delivering this training across the Trust. The content for this project was created by ML as part of the Tackling Inequalities and Discrimination Experiences in health Services (TIDES) Study funded by the Wellcome Trust and the Economic and Social Research Council (ESRC).



Maudsley Learning's key achievements to date

12
Awards

12K+
Monthly
website visits

15K+
Trained
professionals

227+
Courses



Contact us

We'd love to hear from you

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Social Media

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